## Bullying

**Rationale/ Core Beliefs**

All staff and students have a right to work and be educated in an environment which is free from all forms of harassment and bullying.

Hennessy seeks to reinforce the values of care and consideration for others, to be respectful of each individual and to be a witness to these Christian values not only in the College community but also in the wider community.

Bullying is “an imbalance of power where there is deliberate intent to cause harm or distress. These behaviours can be verbal, social, psychological or physical. They impact on the lives on the person/people being bullied, those doing the bullying and those looking on. Bullying incidents can be isolated or repeated.” Peer Support Foundation (1998)

**Area/Issue being addressed**

Bullying may take many forms and can include:
- picking on others
- making hurtful and racist comments
- any form of physical violence such as hitting, pushing or spitting
- making suggestive comments or other forms of sexual abuse
- forcing others to act against their will
- verbal threats of aggression against property or possessions
- using put-downs, belittling others’ abilities and achievements
- using offensive names, teasing or spreading rumours about others or their families
- visual taunts
- acts of vandalism
- sending text messages, using the internet and/or any other technology

Strategies given to students who are being bullied are appropriate resilience and coping mechanisms.

It is not only a students right, but responsibility to report bullying, whether it happens to them or to someone else

Those who bully or harass others are themselves in need of help. This could be by way of assistance with behaviour modification strategies, counselling and the provision of very clear boundaries.

**Implementation Process**

Refer to process

**Measures of achievement**

- Willingness of the community to report cases of bullying
- Reduction in the reported cases of bullying
- Modification in behaviour of previously reported bullies