Prayer

Sunday brought the shocking news of the murders in Orlando Florida. We are challenged by our faith to be people of forgiveness and hope. Our College Mission statement also challenges us to inspire futures of hope. “Hope that change is possible in our world”, said Stephen Colbert. Pope Francis has exhorted us in the Year of Mercy to not only stand against such senseless acts of violence but we also saw His Holiness sharing in their indescribable suffering and entrusting them to the Lord so they may find comfort.

Let us today share the prayer of St Francis. Let us pray for peace and for the Lord’s mercy. Let us be prophets of hope.

Lord, make me an instrument of Your peace. Where there is hatred, let me sow love; where there is injury, pardon; where there is doubt, faith; where there is despair, hope; where there is darkness, light; where there is sadness, joy.

O, Divine Master, grant that I may not so much seek to be consoled as to console; to be understood as to understand; to be loved as to love; For it is in giving that we receive; it is in pardoning that we are pardoned; it is in dying that we are born again to eternal life.

Amen.

Hennessy Leading the Way.

This week Hennessy hosted, along with all the secondary Principals of the Archdiocese, teachers from Carroll College Broulee and St Patrick’s Central School Cooma who came to learn from our Science and Technology teachers about a number of initiatives in teaching and learning including coding, robotics as well as our leading work with Google Apps and Google Classroom. Thanks to Mr Robertson, Mrs Cooper, Mr Brown and Mr Boshier for hosting them. It really is a resounding statement as to the excellence we provide for our students to support their learning.
**Nic Newling**

This week each year group were privileged to listen to Nic Newling’s story and the learnings that have come from it. They were outstanding presentations engaging the whole college with his life story and how mental illness is seen in a better light today enabling more people to heal with dignity. He expressed to the students what enables those with a mental illness to heal by accepting them and encouraging them to seek help. Most of all being there for them and not pushing them away to deal with it by themselves. The loss of his brother to the Black Dog has inspired him to help others and it has inspired his mother to write a book “Losing Chris” which has helped others struggling with the disease. Thanks to Mr Mitchell and Mr Simms for arranging for Nic to visit.

**Changes to what Apple will support from 2017.**

The link below outlines many positives of the new operating system but there is a downside. Apple announced this week changes to what they will support from 2017 which will have implications for incoming students with iPads as well as students currently in Years 7 and 8. iPad 1-3 will not have the latest operating system and may be incompatible with school and archdiocese systems as a consequence. This will in turn impact on apps as they morph to updated versions. Old versions are unlikely to work. iPad Air and more recent will be ok as far as we can determine. If you have an iPad 1-3 you are best advised to upgrade or change to another type of device. Apple recommend a two year life on an iPad.

If you have any concerns please contact Mr Robinson at the college. You can also refer to the College BYOD webpage regarding recommended devices.


---

**Chris Browne**

Principal
Hennessy Catholic College Mission

Hennessy Day Mass
On the 17th of June we will be celebrating Hennessy Day with our Mass being celebrated at 9am and later in the day there will be myriad of activities. The Theme for the day is Villains and Heroes the fundraising on the day will go to the St Vincent de Paul Winter Appeal. So please be generous and help us help St Vincent de Paul to help those in need this winter.

MONSIGNOR JEROME HENNESSY

Fr Jerome Hennessy was appointed the first parish priest in 1889. He worked tirelessly for the church in Young and the laying of the foundation stone on Sunday, 26 May, 1907, was the culmination of much of his efforts. By 1930 Fr Hennessy was installed as Dean Hennessy, was appointed Domestic Prelate to the Pope and given the title Monsignor, an honour bestowed on him for his outstanding work for the Church. He celebrated his golden jubilee in 1931 and the church spire and tower were erected to commemorate his 50 years of priesthood. He died in 1941, “worn out by age and ceaseless activity and his weary body was laid to rest under the shadow of St Mary’s, the church he loved so much”.
Cambodian Parent, Teacher and Students Night.

What a great evening for the parents, teachers and students who are travelling to Cambodia. Many thanks to Mrs McInerney and Mr Brett Cowan for the presentation of information required for our travellers to understand what is required now with only 3 weeks left. Our fundraising has been superb and once we receive the money for the sale of the final books of tickets we will be well and truly on track for our financial goal for this journey.

Last weekend we helped out at the Wombat Swap Meet. The weather was drizzly on Saturday but this didn’t dampen the enthusiasm of the students to provide a service and the same was witness by the teachers, in regards to the students ability to provide a service on the Sunday. There wasn’t a job asked of them that they didn’t swiftly attend to and their service to the stall holders was outstanding, with the committee receiving a number of accolades about the Hennessy students. What great ambassadors for the College.

Many thanks to everyone as the countdown continues. I wish to also acknowledge the following students and teachers for their attendance and assistance at the Swap Meet.
Braigon Forde, Will Canellis, Brent Shoard, Maddi Ryan, Chloe Turner, Ben Davis, Will Quinn, Jack O’Dwyer, Meg Fung, Lucy Donges, Sarah Roberts, Jane Lehane, Sienna Bloor, Patrick Smith, Sam van Rijswijk, Billie Holder, Nathan Hardy, Cassandra Edwards, Hannah Madden, Alex Wark and Nic Dewar. Many thanks to the teachers as well, Leonie Green, Mark Schmidt and Meg Worner.

Brendan Maynard said last night that St Joseph’s Primary School Boorowa are having a rice day as their fundraiser and I wish them all the success with that.

Our big Raffle will be drawn on the 27th of June so all tickets must be in by the 26th June. Any donated prizes are to be in by the 25th June.

Triple Zero App and ARC (Australian Resuscitation Council) Guideline Changes

After attending a First Aid Training last week in Bathurst I have learnt about a change in the DRS-ABCD.
When you reach the B for breathing you check with Look Listen and Feel for 10 secs as normal. If breathing but still unconscious then place in the stable side or recovery position as normal. If they are not breathing move straight to CPR with compressions first. There is no initial two breaths to determine if you can get air in or not.
If you chose not to give breaths while performing CPR due to the casualties facial damage or you do not have something to separate your mouth from theirs or you are uncomfortable doing mouth to mouth then that is ok. The ARC (Australian Resuscitation Council) met in January 2016 and have decided to continue with 30 compressions to 2 breaths (known as a cycle) with 5 cycles per 2 mins. Compressions with or without the breaths are to be maintained at 100-120 compressions per minute.
There is a new **Emergency First Aid App** which I would encourage all to down load as it will tell you your LAT and Long location to give to the emergency 000 and it has OOO, Police and SES emergency buttons which will make the call for you when tapped. The App is **triplezero.gov.au** it will appear with a red square and a white cross on the red square. On the white cross is written EMERGENCY. This is a free app and it links into the nearest provider regardless who your service provider is.

*Phillip Mitchell*
*Director of Mission*
Mental Health and Well Being

Thank you to Catholic Healthcare’s community services for hosting mental health advocate and renowned speaker, Nic Newling to share his personal experiences with mental illnesses and suicide on Tuesday of this week.

As a school community we believe this as an important component of our Mind Matters initiative regarding mental health and incorporates our mission of “the gift of the mind is the gift that matters”.

He raised a number of points that are important for us to consider-

- The importance of communication between children and parents
- Regular sleep and balanced lifestyle are invaluable to wellbeing
- Be open to support people suffering from Mental Health issues
- Remember you are not a medical specialist, encourage them to seek professional help
- The difficulty with diagnosis and the variety of ways, not just medication, that mental health can be improved.

He promoted several websites including kids.helpline.com.au and eHeadspace.org.au for their trained counsellors and ability with referrals while RUOK.org.au is a useful resource regarding conversations and support on how you can help others. He also recommended Lifeline 131114 as invaluable and that people add it to their mobile phone contacts.

Mission Australia Survey

A letter has gone home to all year 10, 11 and 12 students to be involved in the 2016 Mission Australia Survey. This involves students from 15-19years of age across Australia. We will arrange for students to do this brief survey at school over the last few weeks of term. The survey seeks to obtain socio-demographic information and investigates some of the social inclusion/exclusion dimensions from the perspective of young people including participation in education and employment, values and concerns, sources of advice and support, and community participation. As a school and community this information is vital in terms of future planning. Permission slips are to be returned by next Wednesday 22nd June.

Safe Relationships

Promoting the need for safe and respectful relationships is achieved by an extremely successful school-based Domestic and Family Violence and Sexual Assault prevention program called Love Bites, which evolved on the Mid North Coast of NSW. In Young I have been actively involved with other social services and police in this community to implement and facilitate this program across the region and I had the opportunity to again present this program to year 10 students at the High school last Thursday. The program will once again run at Hennessy later in the year and the facilitators continue to look for males who are interested in being presenters at school throughout Hilltops. Please feel free to contact Naomi Peters at the Hub (6382 6328), or myself if you are interested in being involved.

Presently we are also in liaison with the NSW NRL to be part of a pilot program in high schools for their domestic violence program. This is important in our theme of “positive relationships” and if we can change the message of the past in the youth of today we can make a difference in the hearts of our future youth and the parents that will raise them.
Hennessy Day

Tomorrow, Friday the 17th of June, the school will be celebrating Hennessy Day!

Hennessy Day is one of the largest days on the school calendar and honours the school's namesake, Jerome Hennessy, whilst providing a day filled with activities and fun for students. At both recess and lunch there will be a range of food stalls and activities (run by different year groups), as well as further games and the annual competition (competing in games within teams determined by House groups) after lunch. For this purpose it is recommended that students bring additional money in order to participate in the lunchtime activities and food stalls via the purchase of tickets at the library, items priced from 50c up to $2.

On the day, the theme will be 'Heroes and Villains', and people are encouraged to dress up and get involved in regards to this theme. So be sure to bring your best superhero or villain look to the day!

We will also have an opportunity as a Catholic community to celebrate with Mass. There will be a gold coin donation on Hennessy Day, and all funds raised will go directly to the St. Vincent de Paul Winter Appeal. The opportunity should be taken by all members of the college on the day to get involved and have a great time. Hennessy Day, as one of the school's events, is a time to enjoy and revel in being part of the Hennessy community, and work together to get involved, and make the namesake event a day to be remembered!

Gerard Simms
Assistant Principal-Director of Community
Catholic schools provide educational choice for students with additional learning needs and their families.

Find out more at SchoolFundingFacts.com.
Teaching and Learning News

Subject Selection 2017

Students in Year 10 were today handed a letter outlining the process for subject selection for Year 11 2017. On Thursday 21st July, students will be involved in a subject market from Period 4 onwards. An Information Night will then be held in E9 and subject selection will then be open online until the following Wednesday after the Parent/Teacher/Student Conferences.

Year 10 have been asked to start considering their options and to use the feedback they have received to indicate the subjects they would excel at in Stage 6. Now is the time to also seek out teachers and ask advice about subjects they are interested. For those planning on studying at University, they should also look at the Universities Admission Centre – www.uac.edu.au – to investigate if the course they may wish to do at University have a prerequisite subject.

Parents of prospective students from other schools are also welcome at the Information Evening and Subject Market which commences at 5.30 on Thursday July 21.

Stage 5 Subject Selection will be in Week 3 of next term and more information will come closer to the time.

Reports and Parent/Teacher/Student Conferences

Students will soon be receiving their Semester 1 reports and will have an opportunity with their parents to discuss their progress at the next Parent/Teacher/Student Conference which will be held on Wednesday 27th July. It’s important that students look to how to improve and are reflective on their own efforts. It’s important for students to develop a ‘growth mindset’ and some of the key concepts that are particularly relevant are below:

View challenges as opportunities.
Replace the word “failing” with the word “learning.”
Value the process over the end result.
Make a new goal for every goal accomplished.
Think realistically about time and effort.
Take ownership over your attitude.

"It’s not how good you are; it’s how good you want to be."
— Carol Dweck

SHARON HIBBERT | Assistant Principal - Director of Teaching and Learning
**Accessing Technology**

If it is possible, it is highly recommended that students connect their mobile phones to their school email.

To do this with an iPhone (iPad), students should go to: (for android devices please refer to specifications of these devices)

- Settings,
- Mail Contacts and Calendars,
- Add Account
- Choose ‘Google’ – this will link straight to a Gmail account
- Enter using their regular school email and password.

This will allow students to receive email notifications from their teachers on a daily basis. With the use of Google classroom, emails are sent whenever the teacher posts an announcement or a task on the classroom page.

Other iPhone Apps (available from the Apps store and using their regular login and password) that are recommended for download are:

- Google Drive
- Google Classroom
- Google Docs and Google Sheets (used for editing documents with the device)

For Android phones the following websites may assist: [https://www.youtube.com/watch?v=UJZyyYyP7eM](https://www.youtube.com/watch?v=UJZyyYyP7eM)
[https://support.office.com/en-us/article/Set-up-email-on-an-Android-phone-or-tablet-886db551-8dfa-4fd5-b835-f8e532091872](https://support.office.com/en-us/article/Set-up-email-on-an-Android-phone-or-tablet-886db551-8dfa-4fd5-b835-f8e532091872)

To add apps – see [https://support.google.com/a/users/answer/1738362?hl=en](https://support.google.com/a/users/answer/1738362?hl=en)
The College is looking to regularly profile a cross section of ex-students in the Newsletter and local media.

We are looking for students who are achieving: at university (or since graduating), or in their sport or in their field of work, highlighting training.

This will greatly help to inspire our students.

If you have details on our ex-students who you think would have an interesting story to tell, can you please contact the school with the student’s name and contact details.

Phone: 6382.1486
Office.hennessy@cg.catholic.edu.au
Rural and Regional Travel

There are new forms that are required for bus travellers from 12 May 2016. A new application is only required if the student has never been approved for free school travel before or when updating your details. A brochure providing more information will be sent home soon with students or you can check information at the web address.
An invitation is extended to teachers & students to be involved in the parish ministry of readers during the period 3 Jul and 18 Dec 2016. If you would like to be involved please advise me of your mass of preference and dates you are unavailable to be rostered during this period. If you are already on roster you will also have to advise of dates unavailable. Cut off date is 15 June… Brian Hislop 6382 3288 bhislop2@bigpond.com

<table>
<thead>
<tr>
<th>Amount</th>
<th>Due Date</th>
<th>(Class, Week)</th>
</tr>
</thead>
<tbody>
<tr>
<td>$100.00</td>
<td>Wednesday 30th March, 2016</td>
<td>T1, Week 10</td>
</tr>
<tr>
<td>$45.00</td>
<td>Wednesday 11th May, 2016</td>
<td>T2, Week 4</td>
</tr>
<tr>
<td>$100.00</td>
<td>Wednesday 22nd June, 2016</td>
<td>T2, Week 9</td>
</tr>
<tr>
<td>$50.00</td>
<td>Wednesday 10th August, 2016</td>
<td>T3, Week 4</td>
</tr>
<tr>
<td>$50.00</td>
<td>Wednesday 19th October, 2016</td>
<td>T3, Week 9</td>
</tr>
</tbody>
</table>
Holiday Clinic

LOOKING FOR SOME FUN DURING THE SCHOOL HOLIDAYS? GET DOWN TO OUR HOLIDAY CLINIC

Venue: Keith Cullen Oval

Young - Tuesday 12th of July

To register for a clinic simply go to http://www.playnrl.com/programs/ and enter your location then follow the prompts... For $40 you receive a football, a backpack, a hat and more!! See you there!
VOLUNTEERING WITH VINNIES

Vinnies Harden is in need of volunteers to keep the shop running!
If you have spare time to help with sorting, selling, cleaning and displays we would love to hear from you.

To volunteer please call Cheryl on 6234 7437
Monday to Friday 9am - 5pm
Saturday 9am - 12pm

YOU CAN HELP US REBUILD LIVES
Chill Kids

Parent/Carers & Children aged 4 to 10 years

Meditation
Relaxation Yoga

Thursday, 14th July 16
Two Sessions:
10am to 12pm
1pm to 3pm

Held at:
Young & District Community Hub
2c Campbell St
Young

To book, please call:
6382 6328
DRUMMING WORKSHOPS
For Parents/Carers & children aged 4-10yrs

*Decorate a Flowerpot Drum to take home
*Learn easy rhythms
*Enjoy Drumming in a group
*Choose AM or PM session

10am-12 noon or 1pm-3pm
2c Campbell Street Young
Ph.63826328 for bookings
PCYC are an accredited provider of the Safer Drivers Course. Guiding young people in the right direction since 1937.

The Safer Drivers Course involves two modules:

**Module one:** A three-hour facilitated group discussion on how to manage risks on the road. This will involve a maximum of twelve participants and will be delivered by a facilitator.

**Module two:** A two-hour in-vehicle coaching session to develop low-risk driving strategies. This will involve two participants and a coach. Course cost: $140

Participants must have completed 50 hours of actual on-road driving experience to be eligible for the course. Credits gained under the 3 for 1 scheme cannot be included.

Participants who complete the course will receive 20 hours credit recorded in their learner driver log book.

To find your closest club or book into the next available course check out our website:

[www.saferdrivers.org.au](http://www.saferdrivers.org.au)

Call us on 9625 9111 or drop into your local club to find out more.
PCYC Young

MOVIE FUNDRAISER

Come along to a screening of Alice Through the looking Glass and help raise money for the Young PCYC, with proceeds going towards gymnastics equipment.

When  Saturday 25th June
Where  Southern Cross Cinema
Tickets  $15.00 each and includes a free drink and snack pack
Time  1st screening: 12pm for 12.30pm start
      2nd screening: 2.45pm for 3pm start

Tickets are available from the PCYC, M&M’s Music and the Southern Cross Cinema

*Gymnastics classes will start running from Term 3.
YOUR LOCAL PCYC PRESENTS
BLUE LIGHT DISCO

1.7.16 @ 6.00PM

PYJAMA and ONSIE PARTY THEME
Blue Light Disco Party,
YOUNG PCYC
6pm to 8pm
ages 5 years to 12 years
$5 entry includes sausage sandwich and drink

LUCKY DOOR PRIZES | DANCE COMPS
FREE SAUSAGE SANDWICH

NO ALCOHOL | NO DRUGS | NO PASSOUTS

All Blue Light events are drug and alcohol free and supervised by Police Officers

www.pcycnsw.org.au